

## You Pro Keratin @Home Care Regimen

Your Keratin Hair Style	Your Hair Type	You Keratin Moisture Infusing Shampoo	You Keratin Moisture Infusing Conditioner	You Keratin Anti-Frizz Serum	You Keratin Therma-Shield Crème	You Keratin Silken Spray	You Control Mousse	You Smoothing Gel
Straight	Fine	weekly or twice a week	Use after daily shampoo	N/A	Rub a small amount of You Therma-Shield Crème to your palms and rub into your hair. Blow dry hair using a warm blow dryer and brush until hair is completely dry.	Use before flat ironing, or just for shine.	apply a generous amount of You Control Mousse, and comb through freshly conditioned hair after hair is detangled and combed straight	N/A
Straight	Medium	Shampoo daily	Use after daily shampoo	Apply a small amount of You Anti-Frizz Serum to your palms and rub it into your hair, your hair will begin to feel like silk. Using a proper heat setting on your flat iron, take small sections and deeply straighten each hair fiber, repeat until your entire head is silky smooth and straight. Wear it simply straight or use your flat iron or tong to gently bevel the ends for movement.	Rub a small amount of You Therma-Shield Crème to your palms and rub into your hair. Blow dry hair using a warm blow dryer and brush until hair is completely dry.	Use before flat ironing, or just for shine.	apply a generous amount of You Control Mousse, and comb through freshly conditioned hair after hair is detangled and combed straight	N/A
Straight	Coarse	weekly or bi weekly	Use after shampoo	Apply a small amount of You Anti-Frizz Serum to your palms and rub it into your hair, your hair will begin to feel like silk. Using a proper heat setting on your flat iron, take small sections and deeply straighten each hair fiber, repeat until your entire head is silky smooth and straight. Wear it simply straight or use your flat iron or tong.	Rub a small amount of You Therma-Shield Crème to your palms and rub into your hair. Blow dry hair using a warm blow dryer and brush until hair is completely dry.	Use before flat ironing, or just for shine.	apply a generous amount of You Control Mousse, and comb through freshly conditioned hair after hair is detangled and combed straight	N/A
Curly	Fine	Shampoo daily	Use after shampoo	For those days you skip shampooing Apply a small amount of You Anti-Frizz Serum to your palms and rub it into your hair to refresh & redefine curls	Rub a small amount of You Therma-Shield Crème to your palms and rub into your hair gently, giving your hair all day long humidity resistant curl protection.	Use before flat ironing, or just for shine.	apply a generous amount of You Control Mousse, finger comb your hair as you define your curls	rub a small amount of You Smooth onto your finger tips and smooth your edges
Curly	Medium	Shampoo daily or at least 3 times a week	Use after shampoo	For those days you skip shampooing Apply a small amount of You Anti-Frizz Serum to your palms and rub it into your hair to refresh & redefine curls	Rub a small amount of You Therma-Shield Crème to your palms and rub into your hair gently, giving your hair all day long humidity resistant curl protection.	Use before flat ironing, or just for shine.	apply a generous amount of You Control Mousse, finger comb your hair as you define your curls	rub a small amount of You Smooth onto your finger tips and smooth your edges
Curly	Coarse	Shampoo daily or at least twice a week	Use after shampoo	For those days you skip shampooing Apply a small amount of You Anti-Frizz Serum to your palms and rub it into your hair to refresh & redefine curls	Rub a small amount of You Therma-Shield Crème to your palms and rub into your hair gently, giving your hair all day long humidity resistant protection.	Use before flat ironing, or just for shine.	apply a generous amount of You Control Mousse, finger comb your hair as you define your curls	rub a small amount of You Smooth onto your finger tips and smooth your edges